



# A la Carte Menu

## APPETIZERS

- TOASTED RAVIOLI**  
**ADD SIDE FOR +3** **8**  
twelve toasted ravioli topped with parmesan cheese, served with marinara sauce
- BUTTERMILK CHICKEN STRIPS**  
**ADD SIDE FOR +3** **12**  
choice of BBQ, buffalo, garlic parmesan, sweet thai chili, or mild
- CHICKEN QUESADILLA**  
**SUB SHRIMP +2** **14**  
peppers & onions, Monterey jack cheese, shredded lettuce, tomato, salsa, sour cream
- PRETZEL BITES** **8**  
whole grain mustard & beer cheese
- CHICKEN WINGS** **16**  
choice of BBQ, buffalo, garlic parmesan, sweet thai chili, or mild served with celery & bleu cheese or ranch

## SOUP & SALADS

- SALAD ADDITIONS - CHICKEN 7, SHRIMP 8, SALMON 9**
- SOUP OF THE DAY / CHILI** **5 / 8**
- CLASSIC CAESAR** **7 / 12**  
chopped romaine, grana Padano crisp, herb croutons, creamy Caesar dressing
- CC CHOPPED SALAD GF** **8 / 12**  
romaine, grape tomatoes, hardboiled egg, bleu cheese crumbles, candied bacon and avocado with choice of dressing
- SANDTRAP SALAD** **8 / 12**  
romaine, diced tomatoes, hardboiled egg, mixed cheese, red onion and bacon with choice of dressing
- LEMON ARUGULA CITRUS SALAD GF/VEG** **8 / 12**  
toasted pepitas, goat cheese, orange segments, avocado and arugula with apple cider vinaigrette

## BOWLS & HANDHELDS

**BOWL ADDITIONS - CHICKEN 7, SHRIMP 8, SALMON 9**

**SELECT ONE SIDE**  
included with handhelds

French Fries | Sweet Potato Fries | Onion Rings | House Chips | Mixed Fruit

- SPRING POWER BOWL GF** **12** **GRILLED CHICKEN PESTO MELT** **16**  
arugula, rice, roasted carrots, beets, sweet potatoes, avocado and asparagus tips topped with toasted pepitas and fresh mozzarella with poppyseed dressing  
grilled chicken, fresh mozzarella, sliced tomato, arugula and pesto served on an asiago ciabatta bun, choice of side
- THE BURGER** **16** **SOUTHWEST TURKEY WRAP** **16**  
8oz grass-fed beef patty, lettuce, tomato, onion, house secret sauce, choice of cheese, choice of side  
turkey, lettuce, pepper jack cheese, hatch green chilies, avocado, mayo and grilled tomato, choice of side
- SANDTRAP SLIDERS** **15** **CLUB SANDWICH** **15**  
three chicken or beef sliders topped with sauteed onions, bacon, American cheese, pickle, slider buns, choice of side  
ham, turkey, bacon, green leaf lettuce, tomato, American cheese and mayo, choice of side
- SWEET PEPPER BACON GRILLED CHEESE** **15** **CRISPY CHICKEN SANDWICH** **13**  
sweet pepper bacon, chipotle aioli, mozzarella and muenster cheese on sourdough bread, choice of side  
buttermilk crispy chicken breast, hot honey, pickles, brioche bun, choice of side

## ENTRÉES

**ADD YOUR CHOICE OF - CUP OF SOUP / SIDE CAESAR / HOUSE SALAD +4**

- PORTOBELLO MUSHROOM RAVIOLI VEG** **26** **PEPITA CRUSTED SALMON** **28**  
mushroom ravioli, rich parmesan cream sauce, mushroom Ragout, arugula, and parmesan served with a crostini  
Latin rice and citrus succotash with edamame and radish served with a honey citrus gastric
- GARLIC ROASTED CHICKEN** **26** **CHILI RUBBED GRILLED RIBEYE** **34**  
chicken breast marinated in 40 cloves of garlic served over roasted red bliss potatoes topped with grilled onions, peppers and mushrooms with a roasted garlic cream sauce  
served with Yukon gold mashed potatoes, grilled asparagus topped with compound butter

*\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.  
Gluten Free, Vegan, and Vegetarian options are denoted with GF, V, and VEG*