



# A la Carte Menu

## APPETIZERS

<b>TOASTED RAVIOLI</b> ADD SIDE FOR +3 toasted ravioli topped with parmesan cheese, served with marinara sauce	8
<b>BUTTERMILK CHICKEN STRIPS</b> ADD SIDE FOR +3 choice of BBQ, garlic parmesan, sweet thai chili, hot or mild sauce	12
<b>NACHO GRANDE VEG</b> ADD SHRIMP +9   ADD CHICKEN +6   GROUND BEEF +6 tortilla chips, cheddar queso, shredded lettuce, cilantro lime creme, black beans, green chiles, shredded cheese, and pico de gallo	15
<b>PRETZEL BITES VEG</b> whole grain mustard & jalapeño cheddar cheese	8
<b>CHICKEN WINGS</b> choice of BBQ, garlic parmesan, sweet thai chili, hot or mild sauce served with celery & carrots with choice of bleu cheese or ranch	16
<b>NASHVILLE HOT STICKY RIBS</b> half rack of ribs tossed in Nashville hot BBQ sauce	17

## SOUP & SALADS

<b>SALAD ADDITIONS - CHICKEN 7, SHRIMP 8, SALMON 9</b>	
<b>SOUP OF THE DAY / CHILI</b>	5 / 8
<b>CLASSIC CAESAR</b> chopped romaine, grana padano crisp, herb croutons, creamy Caesar dressing	7 / 12
<b>CC CHOPPED SALAD GF</b> chopped romaine, grape tomatoes, hardboiled egg, bleu cheese crumbles, bacon and avocado with choice of dressing	8 / 12
<b>SANDTRAP SALAD</b> chopped romaine, diced tomatoes, hardboiled egg, mixed cheese, red onion and bacon with choice of dressing	8 / 12
<b>CIRTUS WATERMELON SALAD VEG</b> arugula, pepitas, goat cheese, orange segments and watermelon served with poppyseed dressing	8 / 12
<b>CAPRESE SALAD VEG</b> mixed greens, fresh mozzarella, cherry tomatoes, grana padano crisp, drizzled with balsamic glaze and pesto	8 / 12

## BOWLS & HANDHELDS

**BOWL ADDITIONS - CHICKEN 7, SHRIMP 8, SALMON 9**

**SELECT ONE SIDE**  
included with handhelds      French Fries | Sweet Potato Fries | Onion Rings | House Chips | Mixed Fruit

<b>SOUTHWEST POWER BOWL VEG   GF</b> latin rice, black beans, shredded carrots, cheddar jack cheese, pico de gallo, pepitas and shredded lettuce served with southwest spicy ranch	14	<b>CHICKEN CAPRESE SANDWICH</b> grilled or fried chicken, fresh mozzarella, sliced tomato, arugula and balsamic glaze served on a ciabatta bun, choice of side	16
<b>WHITMOOR BURGER</b> 8oz beef patty, lettuce, tomato, onion, pickle, house secret sauce, choice of cheese served on a brioche bun, choice of side	16	<b>SHRIMP TACOS</b> three tacos served on flour tortillas with cilantro lime grilled shrimp, lettuce, and pico de gallo, drizzled with southwest spicy ranch, choice of side	16
<b>SANDTRAP SLIDERS</b> three chicken or beef sliders topped with sauteed onions, bacon, American cheese, pickle, slider buns, choice of side	15	<b>CLUB SANDWICH</b> ham, turkey, bacon, green leaf lettuce, tomato, American cheese and mayo, choice of side	15
<b>SWEET PEPPER BACON GRILLED CHEESE</b> sweet pepper bacon, chipotle aioli, mozzarella and muenster cheese on sourdough bread, choice of side	15	<b>CRISPY CHICKEN SANDWICH</b> buttermilk crispy chicken breast, hot honey, pickles, brioche bun, choice of side	13

## ENTRÉES

**ADD YOUR CHOICE OF - CUP OF SOUP / SIDE CAESAR / HOUSE SALAD +4**

<b>PORTOBELLO MUSHROOM RAVIOLI VEG</b> rich parmesan cream sauce, mushroom ragout, arugula, and parmesan cheese, served with a crostini	26	<b>LEMON CRUSTED SALMON</b> grilled carrots, white rice, topped with white wine butter sauce	28
<b>BLACKENED CHICKEN</b> sauteed peppers, onions, and lime creme served with latin rice	23	<b>CHILI RUBBED GRILLED RIBEYE</b> served with Yukon gold mashed potatoes, grilled asparagus topped with compound butter	34
<b>BAM BAM SHRIMP</b> drizzled with bam bam sauce served with latin rice, topped with grilled green onions and asparagus	26	<b>8OZ SIRLOIN</b> served with mashed potatoes, balsamic glazed asparagus and a red wine demi glaze	28

*\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.  
Gluten Free, Vegan, and Vegetarian options are denoted with GF, V, and VEG*